

The Freedom Factor *in Your Hands*

By Kay Packard

Is freedom something you aspire? What does it mean to you? What is the best route to freedom for you? How do you know when you've realized it? How do you maintain an internal sense of inner-independence? What are the benefits?

The Indian Vedanta teaches that *moksha* - freedom from suffering – is preceded with a still mind. The Self, God, Truth has a better chance to be understood in a tranquil state when thought is absent. Through full surrender to God one can realize atonement (at-one-ment). Jesus' message is to "Love". 'Acceptance of everything as it is' is a prerequisite for unlimited love. Complete acceptance leads to freedom.

As we look outside ourselves we become diverted from our Self, like the driver who loses sight of the highway by watching the dancing clouds. Our minds create blocks to silence. Silence creates the space for the sensation of peace, tranquility and True Love. For most people, practice of some sort is essential on the road to Self-realization, hence freedom.

Let's look to the hands to find possible keys for advancement. Your innate nature is to be liberated; released from the bondage of suffering, error and fear. Cultivate your *fundamental nature* and be free now. This isn't about living dispassionately. It's about living compassionately in your Right Life as the Self. Will the Real Self please stand up!

The information decoded from the hands may offer a fast track to liberation. Specific and tangible sign posts can be seen in the hands and presented to the owners to better navigate for a sacred life.

Life devoted to Self- awareness is likely to lead to advanced levels of freedom.

Imagine the highest levels of personal freedom you could reach. Many clues dwell in your hands and fingerprints to show ways to live a more meaningful life. Various markers, at their very best, can point out potential strengths and talents of the owners. When the qualities are consciously applied, there is a high likeliness of acceleration on the passageway to heightened awareness.

Join me in Hand Analysis Preschool and see the hand map below to get a simple lay of the hand;

Jupiter = Index Finger

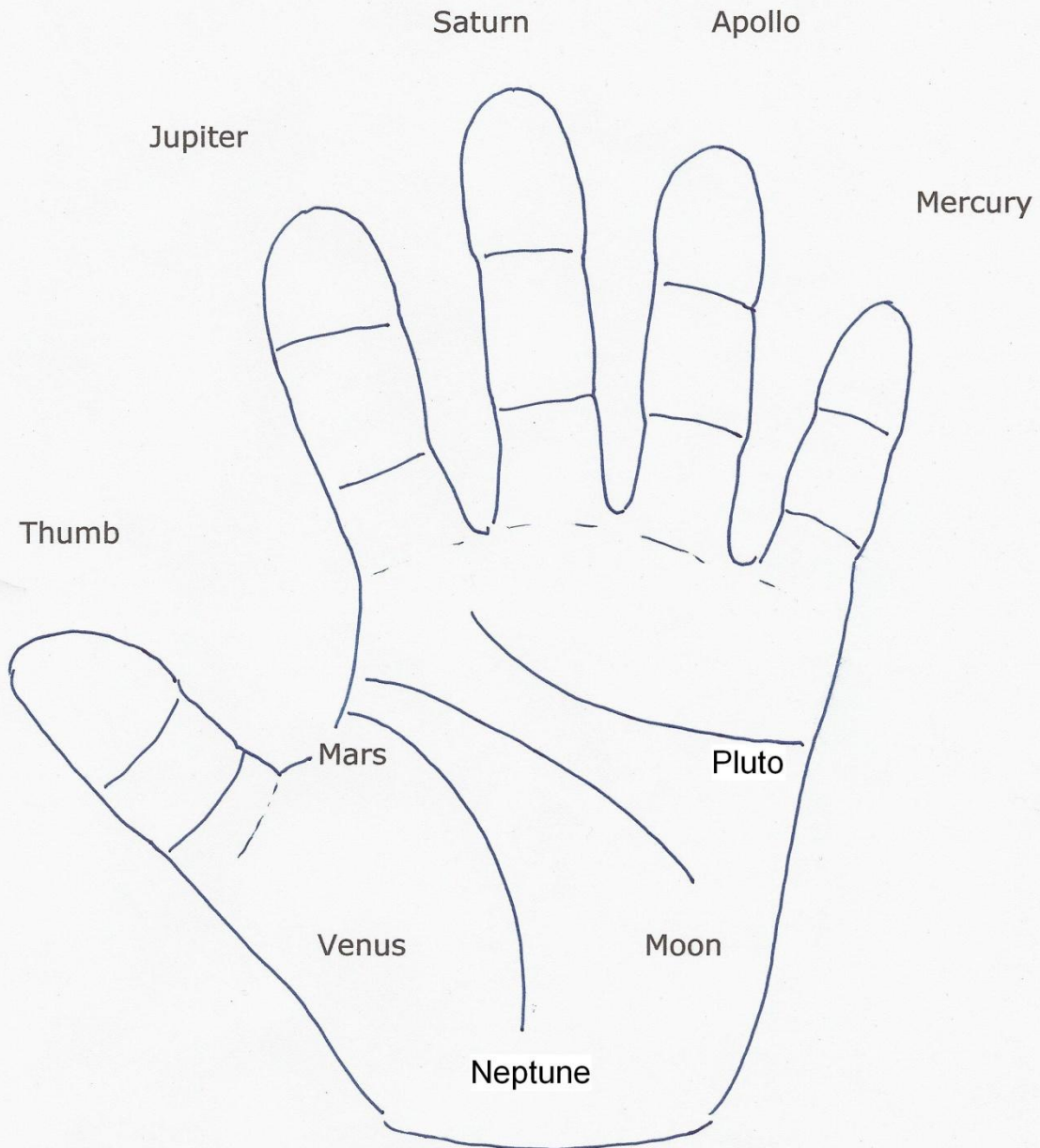
Saturn = Middle Finger

Apollo = Ring Finger

Mercury = Pinkie Finger

Zones of the hands are named with Mars, Pluto, Venus, Neptune and Moon. The zones are associated with the Mounts in the hands. Markers seen in specific areas are associated with the interpretation for that zone.

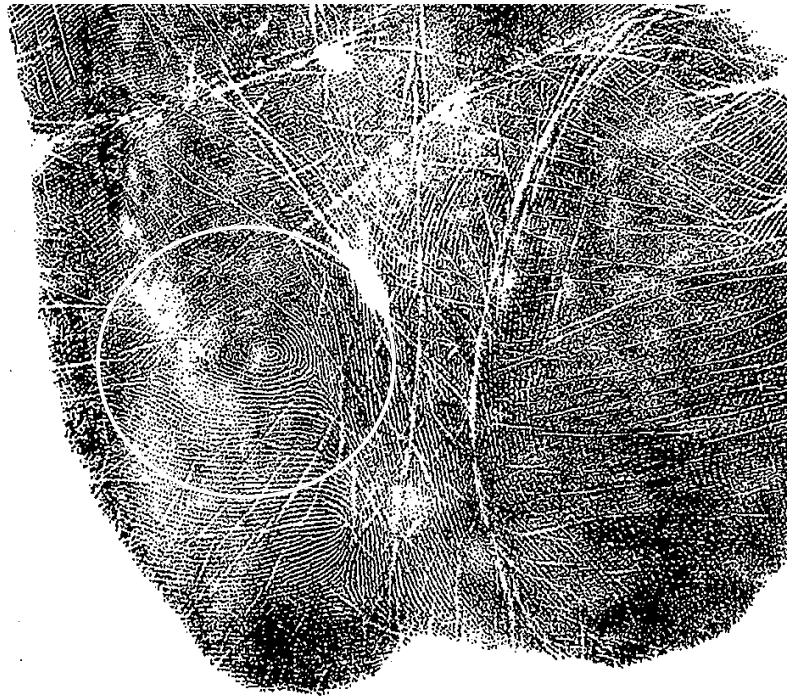
The Hand



Can you find any of the following markings in your or your friend's hands? Here are a few (of the many) markings to look for and how one might 'use' them to attain new levels of Consciousness:

Whorl in Moon

Finding a whorl print in the palm of the hand is a big deal. The whorl is a formation of concentric circles and is the most difficult skin carving for nature to engrave. The Moon Mount symbolizes spirituality, intuition and the subconscious. This configuration beckons the owner to submerge into their intuitive self and deepest Truth and bring awareness's to others as a Spiritual Teacher.



Star in Moon

See the multi pointed asterisk inside the white circle in the lower and outer side of palm (Moon zone).

Like the twinkling star in the night sky so does the star in the Moon zone. Sparks of intuition and deep knowing shower upon the owner if they're open to the possibility. The key is to notice, listen, trust and follow the hunches received. As these steps are followed, the twinkling star builds in strength. Confidence creates connection to Inner Self.



Arc around the Moon

See the black arrows at both end points of the arc.

An arc around the Moon zone illustrates the capacity of the owner to be on-line and constantly plugged into the Presence of God; like the Avatars plugged into Ewah.

On a good day, she just KNOWS 'things' without thinking, planning, strategizing or trying. Insights abound.

Allowing the Self to Be in this Knowing space kindles the awakening process.



Star of Jupiter in Moon quadrant

See the 6 pointed asterisk (inside the red circle) in the lower left (Moon) quadrant (of the yellow cross).

Jupiter is the god of gods, the god of the sky. He is the pointer, the leader, the influencer with Vision. One, two or more stars can appear on the Jupiter Mount. If the star appears in the lower Moon quadrant, the owner is being summoned to lead with Spirit, to lead others to their Core Identity, to lead the Intuitive. If the owner is pursuing this mission his thoughts may become still enough to sense new levels of freedom.



Gifted Healer

Four or more vertical lines below the pinkie finger, on the Mercury Mount at the top of the palm just above the heart line, form this configuration.

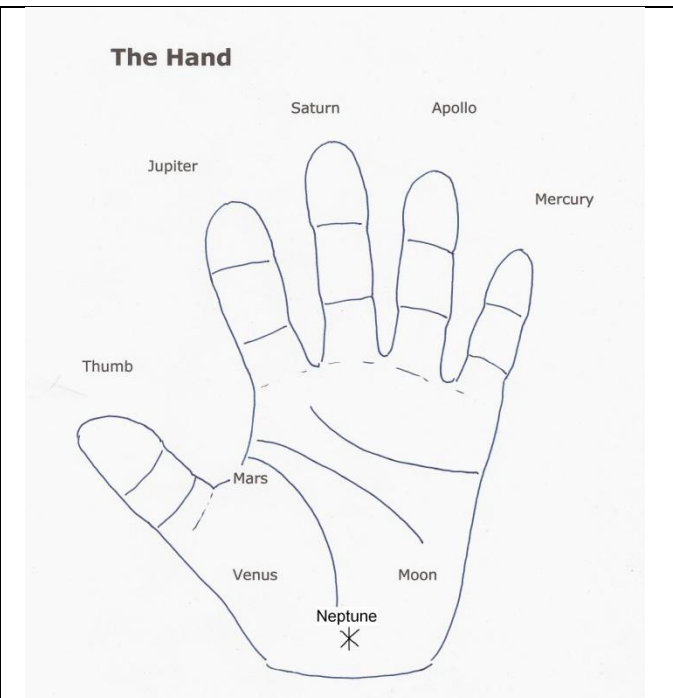
The Calling is to inspire others to become whole and healed. The more the owner of these stripes heals herself, through LISTENING to her Inner Voice she becomes better equipped to assist others in their search for self-knowledge. She has a knack for guiding the diggers to the gold mine and knowing they must do the digging, not her. Trusting in and surrendering to God, fully and completely, unquestionably points the way to freedom. As judgments are set aside, this Healer has an easier path to 'accepting all as it is'. Healer has thus healed herself.



Star of Neptune

This is a very rare marker and is found in lowest part of the center of the palm. See the asterisk in the Neptune zone of The Hand map.

Neptune is the zone of profound spirituality. Deep emotional waves and sometimes turbulence are reflected in this area. This person may feel pummeled by these unexpected waves of intense feelings. Developing tools to handle the incoming waves and maneuvering the energies for deep inner awareness can take this person to immense heights of Higher Knowing. Acting as a grief counselor demonstrates the innate talent locked in these hands. Healthy connection to the abyss of sorrows in her and others and transcending them leads the way to freedom.



Curved head line ending in Moon or Neptune

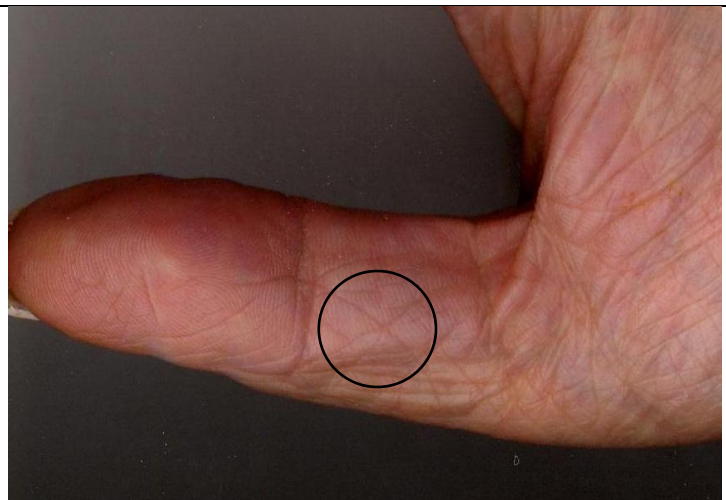
When the head line curves down toward the Moon or Neptune Mounts it's called the Persephone head line. In mythology, Persephone was kidnapped and taken underground by the Lord of the Underworld, Hades. Through her depression she learned about choice.

This person is gifted with the capability to feel DEEPLY. Compassion results as she creatively investigates through feelings for herself AND others. She can be a Guide for lost souls. Helping others find their way through the abyss is part of Who she Really is. Choosing when and how to exercise her Calling could put her more deeply in touch with her Self.



Seer Star in middle zone of thumb

A 5, 6 or 8 pointed asterisk in the middle of the inside of the thumb designates a person who is wired to SEE with their 3rd Eye – the Spiritual Eye. Indian Hindu's often wear a stone or colored dot on their 3rd Eye (center of forehead between the eye brows) to remember the True Self, Who knows the Way. When a person is not blind to their Inner Eye, and she uses her wisdom, she can cultivate self realization.



If you, or anyone you know possess any of these markers and you're just not feeling 'it' and you don't sense the deep connection to the Divine, then you may need to fine-tune your volume control. There is a challenge side to each of these markings. The associated challenge can be managed like the volume control. In fact, the challenge must be wrestled with or embraced (depending on your attitude) in order to gain the strength and skill to remain present in the Essence of the marker translation.

Don't worry if you don't have any of the above markers. It doesn't mean you're not spiritual or you can't attain the level of freedom you seek. People without hands can be tapped into the Divine. There are an infinite amount of other markings, fingerprint patterns and marker combinations that can be used to point out potential strengths and talents. As they appear in the hands, you may choose to engage those strengths and position yourself in the direction of the ever-present Source of All That Is - within you.

Watch for more markers and images in future articles.